

**General Information**

Country:	HKG
Gender:	F
Handedness:	Right-handed
Date of birth:	2001-05-19
License:	19052001000

**Further Personal Information**

Occupation	Athlete
Languages	Cantonese, English, Mandarin
Higher education	Business - University of Notre Dame: United States

**Sport Specific Information**

When and where did you begin this sport?	She began fencing at age six in Hong Kong, China, and practised foil for four years while she was at primary school. She switched to epee in middle school.
Why this sport?	She enjoyed sports as a child and also did swimming, taekwondo and basketball before focusing on fencing. "The coach thought that foil would limit me to Hong Kong, but epee would help me reach a world-class level."
Club / Team	Hong Kong Sports Institute [HKSI]: Hong Kong, HKG
Name of coach	Octavian Zidaru, ROU
Handedness	Right

**General Interest**

Nicknames	Hsieh-hsieh (hk01.com, 04 Apr 2019)
Most influential person in career	Her mother, and coach Octavian Zidaru. (eduplus.hk, 01 Jul 2021)
Sporting philosophy / motto	"Don't be proud of yourself if you win, it may not be you who will win next time. Even if you are a talented player, you won't win every time. If you lose, it's no big deal. First of all, you need to know what made you lose. If you win, you should think about what you did to win. Similarly, if you lose, you need to review where the problem lies and do better next time. Sometimes you learn more from losing a bout than winning." (eduplus.hk, 01 Jul 2021)
Awards and honours	<p>During her collegiate career at the University of Notre Dame, United States of America, she was named the 2022 Atlantic Coast Conference [ACC] Fencer of the Year for women's epee. (und.com, 01 Jan 2023; LinkedIn profile, 25 Mar 2022)</p> <p>She was named the 2018 Hong Kong Outstanding Young Athlete of the Year and Most Promising Young Athlete of the Year at the Sports for Hope Foundation Outstanding Junior Athlete Awards in Hong Kong, China. (xinhuanet.com, 15 Mar 2019; scmp.com, 15 Mar 2019)</p> <p>She was flag bearer for Hong Kong, China at the opening ceremony of the 2018 Youth Olympic Games in Buenos Aires, Argentina. (scmp.com, 09 Oct 2018)</p> <p>In 2017 she received the Most Promising Athlete award at the Hong Kong Sports Stars Awards. (thestandard.com.hk, 04 Apr 2018)</p>
Ambitions	To compete at the 2024 Olympic Games in Paris. (hk01.com, 09 Aug 2023; sportsroad.hk, 24 Mar 2024)
Other information	<p>FROM CANADA TO HONG KONG</p> <p>She was born in Canada and moved to Hong Kong, China with her family at age four. (hk01.com, 04 Apr 2018)</p>