

General Information

Country:	RUS
Gender:	F
Handedness:	Right-handed
Date of birth:	1993-01-13
License:	13011993001

Further Personal Information

Family	Husband Egor Popov
Residence	Ufa, RUS
Occupation	Armed Forces Athlete
Languages	English, Russian
Higher education	Coaching, Teaching - Ural State University of Physical Education: Ufa, RUS

Sport Specific Information

When and where did you begin this sport?	She began fencing in 2003 in Ufa, Russian Federation.
Why this sport?	Her friend invited her to try the sport. "It is a very beautiful sport, and I like fighting face-to-face."
Club / Team	Central Sports Army Club [RUS] / Ufa Fencing Sports School of Olympic Reserve [RUS]:
Name of coach	Egor Popov [husband], RUS, from 2007; Artem Sedov [personal], RUS
Handedness	Right

General Interest

Hobbies	Travelling, studying English, playing the piano. (ufa1.ru, 03 Aug 2021)
Awards and honours	In recognition of the gold medal she won at the 2020 Olympic Games in Tokyo, she received the Order of Friendship from the president of the Russian Federation. (kremlin.ru, 11 Aug 2021) In 2018 she received the title of Honoured Master of Sport in the Russian Federation. (minsport.gov.ru, 27 Feb 2018)
Famous relatives	Her husband Egor Popov has served as her coach and has received the title of Honoured Coach in the Russian Federation. (bash.news, 06 Apr 2022)
Other information	FAMILY AFFAIR Having worked together since 2007, she and her coach Egor Popov got married in 2012. She says it took her time to balance their personal and sporting relationships after their marriage. "After a while, I realised he was my coach, and the coach is always right. I tell everyone that a coach is the person who, after you, is most interested in your result, nobody else, so the coach must be completely trusted." (bash.news, 06 Apr 2022; ufa.kp.ru, 06 Aug 2021, 29 Jul 2021)