## FIE INTERNATIONAL FENCING FEDERATION

## VELIKAYA SOFYA



General Information		
Country:	RUS	
Gender:	F	
Handedness:	Right-handed	
Date of birth:	1985-06-08	
License:	08061985003	

Further Personal Information	
Family	Son Oleg, daughter Zoya
Residence	Moscow, RUS
Occupation	Armed Forces Athlete
Languages	Russian

Sport Specific Information		
When and where did you begin this sport?	She began fencing at age 14 in Almaty, Kazakhstan.	
Why this sport?	She played the piano when she was younger, but she came to dislike it. Her older brother was already involved in fencing and she decided to follow him into the sport. "When I was 14, my older brother Grigoriy encouraged me to do fencing, for which I am very grateful. It was rather late [to start training in] our sport. It took me two years to try and understand."	
Club / Team	Central Sports Army Club [RUS] / MGFSO [RUS]:	
Name of coach	Dmitry Glotov [national, personal], RUS	
Handedness	Right	

General Interest		
Memorable sporting achievement	Winning gold in team sabre at the 2016 Olympic Games in Rio de Janeiro. (sovsport.ru, 08 Mar 2017)	
Hero / Idol	Russian fencer Stanislav Pozdnyakov. (sovsport.ru, 08 Mar 2017)	
Injuries	She missed the 2015 Russian Championships due to an elbow injury. (team-russia2016.ru, 26 May 2015)	
Sporting philosophy / motto	"Everything is possible in life. Even the impossible." (woman.ru, 26 Nov 2020)	
Awards and honours	She and volleyball player Maksim Mikhaylov were selected to be the flag bearers for the ROC team at the opening ceremony of the 2020 Olympic Games in Tokyo. (tass.com, 30 Jun 2021)	
	She received the Order of Honour from the president of the Russian Federation in recognition of the gold medal she won at the 2016 Olympic Games in Rio de Janeiro. (kremlin.ru, 25 Aug 2016)	
	She was named the 2015 Female Athlete of the Year in the Russian Federation. (interfax.ru, 10 Dec 2015)	
	In recognition of her achievements at the 2012 Olympic Games in London, she was decorated with the Order for Merits to the Fatherland [first grade] by the president of the Russian Federation. (kremlin.ru, 13 Aug 2012)	
	She has received the title of Honoured Master of Sport in the Russian Federation. (rusfencing.ru, 23 Jan 2021)	
Milestones	She became the first athlete to be beaten in three Olympic finals in one specific fencing event [excluding team events] and the first fencer to claim three Olympic medals in the women's individual sabre when she won silver at the 2020 Olympic Games in Tokyo. (SportsDeskOnline, 26 Jul 2021)	
Ambitions	To win gold medals at the 2020 Olympic Games in Tokyo. (sport-express.ru, 28 May 2019)	
Other information	MOVIE The story of her rivalry with another Russian fencer, Yana Egorian, who defeated her in the final of the women's individual sabre at the 2016 Olympic Games in Rio de Janeiro, served as a prototype for the Russian sports drama film 'On the Edge' that was released in 2020. "When I watched the film, emotions were at the limit. There was a feeling that I was re-experiencing all those events, memories came to life not only about the Olympics in Rio, I also remembered my silver [at the 2012 Olympic Games] in London, and even Beijing in 2008, where I took fourth place, and in general all my sports ups and downs for the whole sports career." (tass.ru, 26 Nov 2020)	
	POST-OLYMPIC PAUSE She decided to take a break from fencing following the 2012 Olympic Games in London. She gave birth to her son and missed major international competitions in 2013. She did not compete for almost a year before returning at the 2014 World Cup event in Antalya, Turkey. She also missed the 2016/17 season after competing at the 2016 Olympic Games in Rio de Janeiro. (sovsport.ru, 08 Mar 2017; rusfencing.ru, 16 Mar 2014)	
	OTHER ROLES She has served as head of the Athletes' Commission of the Russian Olympic Committee. (championat.com, 14 Jan 2021; teamrussia.pro, 13 Apr 2020)	
	FURTHER EDUCATION She has studied at the Higher School of Cultural Policy and Administration at Moscow State University in the Russian Federation. (allsportinfo.ru, 24 Jun 2013)	