

General Information

Country:	ESP
Gender:	F
Height:	165
Weight:	64
Handedness:	Right-handed
Date of birth:	1989-08-09
Education:	Estudiante
Profession:	Estudiante
License:	09081989000

Further Personal Information

Family	Partner Sandra Berto, son Kenzo [2019]
Residence	Madrid, ESP
Occupation	Athlete
Languages	Spanish

Sport Specific Information

When and where did you begin this sport?	She began fencing at age nine.
Why this sport?	She tried the sport after watching a fencing exhibition that was being staged beside the ice rink where she used to go skating. "I loved it so much that I quit everything else."
Club / Team	Club de Esgrima de Madrid: Spain
Name of coach	Jose Luis Alvarez [national], ESP
Handedness	Right

General Interest

Nicknames	Ara (Instagram profile, 03 May 2021)
Hobbies	Yoga, reading. (Facebook profile, 18 Feb 2023)
Memorable sporting achievement	Winning bronze in individual sabre at the 2022 World Championships in Cairo, Egypt. (Comite Olimpico Espanol YouTube channel, 25 Apr 2023)
Hero / Idol	Spanish tennis player Rafael Nadal. (eldesmarque.com, 22 Jul 2020)
Injuries	She dislocated her shoulder at the 2008 Olympic Games in Beijing, and had to retire from her second round match against US fencer Rebecca Ward. (Facebook page, 03 Jul 2018; elpais.com, 09 Aug 2008)
Sporting philosophy / motto	"Every moment, in one way or another, is marking the way for you and changing the way you think and do things. Even defeats are moments that make you reflect on how to improve and take this path in a more joyful, fun, and positive way. Every moment has its importance and from all that we must try to learn to continue this path, which is not easy for us." (eldesmarque.com, 22 Jul 2020)
Milestones	She became the first female fencer to represent Spain in sabre at the Olympic Games when she competed at the 2008 Games in Beijing. (SportsDeskOnline, 10 Jul 2018; esgrimaymujer.es, 05 Apr 2018)
Ambitions	To compete at the 2024 Olympic Games in Paris. (diariodepontevedra.es, 01 Jan 2021)