



General Information

Country:	SUI
Gender:	M
Handedness:	Right-handed
Date of birth:	1987-08-07
License:	07081987001

Further Personal Information

Family	Wife Janique, son Mael [2017], daughter Mahina [2020]
Residence	Kussnacht, SUI
Occupation	Athlete
Languages	English, French, German
Higher education	Sports Science - University of Basel: Switzerland

Sport Specific Information

When and where did you begin this sport?	He began fencing at age five in Kussnacht, Switzerland.
Why this sport?	His older brother was already fencing. Max took up foil first, and then practised foil and epee until age 17. Since then he has focused mainly on epee.
Club / Team	Fechtgesellschaft Basel: Switzerland
Name of coach	Didier Ollagnon [national], FRA
Handedness	Right

General Interest

Nicknames	Heinzi, Maxe (maxheinzer.ch, 28 Jan 2013)
Hobbies	Fishing. (Instagram profile, 07 Mar 2021)
Most influential person in career	His family. (Athlete, 04 Oct 2011)
Injuries	<p>A hamstring strain affected his performance at the 2016 Olympic Games in Rio de Janeiro. (aargauerzeitung.ch, 20 Dec 2016; lematin.ch, 09 Aug 2016)</p> <p>He had surgery on his left foot in November 2013. (fencing.net, 14 Mar 2014; nzz.ch, 24 Feb 2014)</p> <p>He has injured the ligaments in his right ankle and the Achilles tendon in his left foot during his career. (Athlete, 04 Oct 2011)</p>
Sporting philosophy / motto	"No pain, no gain." (wellfare.ch, 13 Jan 2011)
Famous relatives	His brother Michael and his sister Martina have competed in fencing at international level. (Athlete, 04 Oct 2011)
Ambitions	To win a medal at the 2020 Olympic Games in Tokyo. (bote.ch, 01 Dec 2020)
Other information	<p>FATHERHOOD He became a father for the first time in December 2017 when his son Mael was born. His daughter Mahina arrived in 2020. "The biggest change in my life is being a father. I've become more relaxed and calmer, but I still have the hard and inner monster in training. If I have a bad training session, I can take it much better than before." (bote.ch, 01 Dec 2020; luzernerzeitung.ch, 08 Jun 2019; bote.ch, 24 Nov 2018)</p> <p>FURTHER EDUCATION In 2020 he earned a sports management certificate at the University of St. Gallen in Switzerland. (LinkedIn profile, 23 Dec 2020; Instagram profile, 23 Dec 2020)</p>