

General Information

Country:	IRI
Gender:	M
Height:	176
Weight:	80
Handedness:	Right-handed
Date of birth:	1984-08-11
Education:	Student
License:	11081984000

Further Personal Information

Family	Wife Narges Faal, two daughters
Residence	Sweden
Occupation	Coach
Languages	English, Farsi
Higher education	Physical Education - University of Tehran: Iran

Sport Specific Information

When and where did you begin this sport?	He began fencing as a teenager in Tehran, Islamic Republic of Iran.
Why this sport?	He followed another member of his family into the sport.
Handedness	Right

General Interest

Memorable sporting achievement	Winning bronze in individual sabre at the 2019 World Championships in Budapest, Hungary. (varzesh3.com, 26 Mar 2020)
Most influential person in career	Coach Peyman Fakhri. (Athlete, 20 Jan 2013)
Hero / Idol	Russian fencer Stanislav Pozdnyakov. (Athlete, 20 Jan 2013)
Injuries	In early 2020 he began suffering from a shoulder injury, which was later found to be a tendon rupture. He did not train with the Iranian national team for 10 months as a result of the injury and the COVID-19 pandemic. Following the 2020 Olympic Games in Tokyo he underwent a series of injections for the ruptured tendons in his shoulder. (isna.ir, 20 Sep 2021; varzesh3.com, 19 Dec 2020) He has sustained injuries to his knee and his ankle during his career. (Athlete, 20 Jan 2013)
Sporting philosophy / motto	"A fencer has to have the strength of a basketball player, the flexibility of a gymnast, and think like a chess player." (jamejamonline.ir, 07 Jul 2015)
Milestones	At the 2016 Olympic Games in Rio de Janeiro he became the first fencer representing the Islamic Republic of Iran to contest an Olympic medal match. However, he lost the individual sabre bronze medal bout to Kim Jung-Hwan from the Republic of Korea. (SportsDeskOnline, 19 Jun 2017; farsnews.com, 11 Aug 2016; en.mehrnews.com, 11 Aug 2016)
Other information	COACHING In 2021 he began coaching the Iranian national youth team and the Mes Sungun team of the Iranian fencing league. In September 2022 he moved to Sweden and became head coach of LUGI Faktning. He has also served as a coach for the Swedish national cadet team. (LUGI Faktning Facebook page, 30 Mar 2023; etemadonline.com, 22 Feb 2023; fencing.se, 21 Feb 2023; lugifaktning.se 23 Sep 2022; Instagram profile, 26 Feb 2022; mehrnews.com, 01 Jan 2022; isna.ir, 20 Sep 2021) OTHER ACTIVITIES He has served as a member of the athletes' commission of the Fencing Confederation of Asia [FCA]. In July 2020 he was elected vice president of the athletes' commission of the National Olympic Committee of the Islamic Republic of Iran. (varzesh3.com, 28 Jul 2020; straitstimes.com, 21 Jun 2017)