

General Information

Country:	FRA
Gender:	M
Handedness:	Right-handed
Date of birth:	1997-03-30
License:	30031997001

Further Personal Information

Residence	Paris, FRA
Occupation	Athlete
Languages	French

Sport Specific Information

When and where did you begin this sport?	He took up the sport in the French overseas territory, New Caledonia.
Why this sport?	He was born into a sporting family as his father competed in military pentathlon and his mother practised judo. He started out in foil but switched to epee after he was inspired by the performance of French fencer Fabrice Jeannet at the 2008 Olympic Games in Beijing. "I was 11 and I was starting to practise fencing. And I was immediately interested in what I was watching on the screen. It gave me the desire to become a part of the French national team and be among the greatest."
Club / Team	Escrime Rodez Aveyron: France
Name of coach	Hughes Obry [national], FRA
Training Regime	He trains at the National Institute for Sport, Expertise and Performance [INSEP] in Paris, France.

General Interest

Other information	<p>FROM NEW CALEDONIA TO CONTINENTAL FRANCE He began his career in New Caledonia, where he performed well in tournaments and dominated. However, once he began facing tougher competition he realised he had to make a change and in 2014 he relocated to Rodez, France. "In New Caledonia I won the competitions with ease. But I was not aware of the level practised overseas. [At my first national championships in continental France] I remember that I lost in the first round. It was a big blow. That day reality slapped me. Those first two years [after moving to France] were difficult. I only took part in national competitions and had to wait until my third junior year to compete internationally. I would say that it took me three years to earn a place within the junior ranks. And it did not end there. Even now I fight to earn my place among the seniors." (la1ere.francetvinfo.fr, 28 Apr 2023)</p> <p>USEFUL BOOK He struggled to manage his emotions early in his career. He found some help by reading 'Stillness is the key' by US author Ryan Holiday. "This book became my little Bible. It helped me to control my emotions. My mental strength became an asset." (la1ere.francetvinfo.fr, 28 Apr 2023)</p>
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