

#### General Information

Country:	GBR
Gender:	M
Handedness:	Right-handed
Date of birth:	1999-02-13
Education:	ZFW Fencing Club
License:	13021999001

#### Further Personal Information

Occupation	Athlete, Coach
Languages	English
Higher education	Psychology - Goldsmiths, University of London: England

#### Sport Specific Information

When and where did you begin this sport?	He began training at Fighting Fit Fencing in London, England, at age nine.
Why this sport?	"I never really took fencing seriously until the [2012] London Olympics or maybe the year after. It was just something I did twice a week for a laugh. Then the coach sat us down and told us to stop doing everything else except fencing. I didn't really have a choice – the next day I didn't go back to football and I wasn't happy with him for a long time. But the next year I won every tournament I entered in my age group and I haven't looked back."
Club / Team	ZFW Fencing Club: London, ENG
Name of coach	Ziemowit Wojciechowski [club], POL
Handedness	Right

#### General Interest

Nicknames	Dragon, Dom (zfw-fencing.co.uk, 21 Nov 2021; islingtongazette.co.uk, 18 Feb 2016)
Memorable sporting achievement	Winning gold in individual foil at the 2022 British Championships in Sheffield, England. (Instagram profile, 07 Jun 2022)
Awards and honours	In 2015 he was named Sportsman of the Year at the Sport Islington Awards in London, England. (islingtongazette.co.uk, 16 Jul 2015)
Other information	<p><b>PSYCHOLOGY</b> He has studied psychology at Goldsmiths, University of London, and says that working with psychologists as a teenager had a transformative effect on his confidence as a fencer. "Technically I was all right, but psychologically I was awful. I think the pressure was too much, to be honest. I let it get to me and I had a low point trying to get my confidence back. So I visited a psychologist, a friend of my dad's, and the psychologist at my club also helped. It literally changed from one day to the next and psychology went from being my worst aspect to my best." (goldsmithssu.org, 01 Jan 2018; islingtongazette.co.uk, 16 Jul 2015)</p> <p><b>COACHING</b> He has coached at ZFW Fencing Club in London, England. (zfw-fencing.co.uk, 26 Nov 2021)</p>