FIE INTERNATIONAL FENCING FEDERATION

PASZTOR FLORA

| General Information | | |
|---------------------|--------------|--|
| Country: | HUN | |
| Gender: | F | |
| Handedness: | Right-handed | |
| Date of birth: | 1998-06-30 | |
| License: | 30061998000 | |

| Further Personal Information | | |
|------------------------------|--|--|
| Occupation | Athlete | |
| Languages | Hungarian | |
| Higher education | Coaching - University of Physical Education: Budapest, HUN | |

| Sport Specific Information | | |
|--|---|--|
| When and where did you begin this sport? | She first tried fencing at age six at the Torekves SE club in Budapest, Hungary. | |
| Why this sport? | She trained in gymnastics before one of her friends suggested she should switch to fencing. | |
| Club / Team | Torekves SE: Budapest, HUN | |
| Name of coach | Sandor Beliczay [personal], from 2007 | |
| Handedness | Right | |

| General Interest | | |
|-----------------------------------|--|--|
| Memorable sporting achievement | Qualifying for the 2020 Olympic Games. (tf.hu, 25 Feb 2020) | |
| Hero / Idol | Hungarian fencer Aron Szilagyi, Italian fencers Valentina Vezzali, Arianna Errigo, Elisa Di Francisca, and Alice Volpi. (tf.hu, 10 Apr 2020) | |
| Injuries | In early 2023 she underwent knee surgery. She returned to full training in April 2023 and resumed competition the following month at the 2023 World Cup event in Plovdiv, Bulgaria. (jochapress.hu, 08 May 2023) At age 20 she suffered an anterior cruciate ligament [ACL] injury at a domestic competition in Hungary. (hunfencing.hu, 14 May 2024) | |
| Superstitions / Rituals / Beliefs | "My fencing bag is filled with stuffed animals for good luck." (olimpia.hu, 28 Jul 2021) | |
| Sporting philosophy / motto | "It's not enough to be persistent and skillful among the top fencers. You have to be on top physically, technically, and mentally if you want to achieve outstanding results." (tf.hu, 10 Apr 2020) | |
| Awards and honours | In 2020 she was named Athlete of the Year in the Kobanya district of Budapest, Hungary. (kobanya.info, 10 Mar 2021) | |