

## General Information

Country:	SUI
Gender:	M
Handedness:	Left-handed
Date of birth:	1996-06-11
License:	10061996001

## Further Personal Information

Residence	Grimisuat, SUI
Occupation	Armed Forces Athlete
Languages	English, French, German, Italian
Higher education	Sports Science - University of Fribourg: Switzerland

## Sport Specific Information

When and where did you begin this sport?	He began fencing at age nine.
Why this sport?	He followed his cousin into the sport, who practised fencing at Societe d'escrime Sion in Switzerland. "Since that day, the pleasure of playing with a sword, like in the movies, has never left me."
Club / Team	Societe d'escrime Sion: Switzerland
Handedness	Left

## General Interest

Hobbies	Golf, mountaineering. (Instagram profile, 14 Mar 2023)
Injuries	In January 2020 he sustained a thigh injury. (Societe d'escrime Sion Facebook page, 13 Jan 2020)
Sporting philosophy / motto	"I always try to find joy in everything I do. This pleasure allows me to train everyday with the aim of achieving my goals." (alexisbayard.ch, 2024)
Other information	<p><b>FURTHER EDUCATION</b></p> <p>In 2024 he completed a master's degree in sports science from the University of Lausanne in Switzerland. His thesis titled 'repeated sprint training in hypoxia induced by voluntary hypo ventilation in elite fencers' was short listed for the 2023 Swiss Olympic Sciences Award, and also received financial support from Swiss Fencing and the Swiss Olympic Association. (LinkedIn profile, 01 Nov 2024, 01 Feb 2024; alexisbayard.ch, 01 Jan 2023; swiss-fencing.ch, 24 Aug 2023)</p>