

**General Information**

Country:	HUN
Gender:	F
Handedness:	Right-handed
Date of birth:	1995-03-31
License:	15031995000

**Further Personal Information**

Family	Son Vince [2022]
Residence	Budapest, HUN
Occupation	Athlete
Languages	Hungarian
Higher education	Bioengineering, Psychology - Eotvos Lorand University: Budapest, HUN

**Sport Specific Information**

When and where did you begin this sport?	She began fencing at age nine at primary school. A coach noticed her potential and suggested she join a club.
Why this sport?	"There was a fencing class in primary school, and sabre was all they offered. There was no other choice. I didn't even realise there were other disciplines, but I never changed."
Name of coach	Gabor Gardos [national, personal], HUN
Handedness	Right

**General Interest**

Nicknames	Panka (BVSC-Zuglo Facebook page, 29 Oct 2021)
Hero / Idol	Fencing coaches Tibor Pezsa and Gabor Gardos. (hosszabbitas.hu, 16 Mar 2015; ESCRIME XXI, 08 Mar 2012)
Injuries	In December 2020 she ruptured the anterior cruciate ligament [ACL] in her left knee. She underwent surgery on the knee in September 2021. In October 2022 she had another operation, before returning to international competition in January 2023. However, the knee continued to trouble her in 2023, and she underwent further surgery that year. (index.hu, 01 Apr 2024; magyarhirlap.hu, 11 Sep 2023; FIE, 14 Jan 2023; nemzetisport.hu, 07 Jan 2023, 21 Jan 2021; BVSC-Zuglo Facebook page, 29 Oct 2021; mtk.hu, 16 Jan 2021)
Awards and honours	In 2021 she was named Hungarian Female Fencer of the Year for the fourth time. (zuglo.hu, 22 Dec 2021; BVSC-Zuglo Facebook page, 22 Dec 2021)
Ambitions	To win individual gold and a team medal at the 2024 Olympic Games in Paris. (index.hu, 01 Apr 2024; eurosport.hu, 05 Mar 2024)
Other information	<p><b>INJURY AND MOTHERHOOD</b> She ruptured the anterior cruciate ligament [ACL] in her left knee while competing at the 2020 Hungarian National Championships but chose not to have an operation on the injury until after the 2020 Olympic Games in Tokyo. "I decided not to undergo surgery because it would be followed by at least eight months of rehabilitation. Everyone left the decision to me, saying that the Olympics will still be in my life, that my health is the most important thing." Her recovery from surgery coincided with the birth of her son Vince in June 2022, after which she had further operations on her knee. "After giving birth there were changes in my body. I had a problem with the fact that my stamina and strength were gone, it was a little harder to move than before. But I was very motivated, it helped me to start again. Nevertheless, the first two or three months were still painful." (index.hu, 01 Apr 2024; FIE, 14 Jan 2023; nemzetisport.hu, 07 Jan 2023, 03 Feb 2021; index.hu, 20 Jan 2022; BVSC-Zuglo Facebook page, 29 Oct 2021)</p> <p><b>TALLER FENCER</b> She believes her taller height impacts her fencing in both positive and negative ways. "Obviously it affects my speed, but I'm not slow. Being taller has its advantages, longer arms mean a longer attack and a longer lunge. But fighting against shorter opponents is one of the most difficult tasks, and I can lose my balance easily. We have worked a lot on this with coaches, but it can be difficult in the heat of a match." (msn.com, 12 Apr 2019)</p>