

**General Information**

Country:	ITA
Gender:	F
Handedness:	Left-handed
Date of birth:	1991-07-14
License:	14071991002

**Further Personal Information**

Family	Partner Gregorio Paltrinieri
Residence	Rome, ITA
Occupation	Police Athlete
Languages	English, Italian
Higher education	Music - Vincenzo Bellini Institute of Music: Catania, ITA

**Sport Specific Information**

When and where did you begin this sport?	She began fencing at age seven.
Why this sport?	Her father convinced her to switch from rhythmic gymnastics to fencing. Her older brother was also involved in the sport.
Club / Team	CS Carabinieri: Italy
Name of coach	Daniele Pantoni
Handedness	Left

**General Interest**

Hobbies	Travelling, playing the piano, listening to music, running, swimming, belly dancing. (gazzetta.it, 07 Jan 2022, 01 Mar 2021; video.repubblica.it, 22 Mar 2019; lapresse.it, 05 Jun 2015)
Hero / Idol	French fencer Laura Flessel-Colovic. (pianetascherma.com, 07 Jul 2020)
Superstitions / Rituals / Beliefs	She plays the piano to help herself relax and loosen her fingers. (lapresse.it, 05 Jun 2015)
Sporting philosophy / motto	"I am one of those people who, after having won something, wants to win something else immediately. I am never satisfied. I always want to give my best and I never tire of competing." (1000cuoriorossoblu.it, 02 May 2020)
Awards and honours	In 2016 she received the Golden Collar for Sporting Merit [Collare d'oro al merito sportivo], the highest award given by the Italian Olympic Committee [CONI]. (catania.italiani.it, 02 Jul 2018)
Milestones	She became the first female fencer representing Italy to win a medal in individual epee at the Olympic Games by claiming silver at the 2016 Games in Rio de Janeiro. (catania.italiani.it, 02 Jul 2018; SportsDeskOnline, 01 Jun 2018)  At age 21 she was the youngest member of the Italian fencing team at the 2012 Olympic Games in London. (SportsDeskOnline, 05 Jul 2017; Facebook page, 07 Jul 2015)
Famous relatives	Her partner Gregorio Paltrinieri represented Italy in swimming at the 2012, 2016, and 2020 editions of the Olympic Games, winning one gold, one silver, and one bronze medal. (SportsDeskOnline, 13 Jun 2023; lasicilia.it, 26 Aug 2023)
Ambitions	To win a third individual world title, and to compete at the Olympic Games in 2024 and 2028. (lasicilia.it, 08 Mar 2024; quotidiano.net, 24 Apr 2023; oasport.it, 02 Apr 2019; video.sky.it, 08 Mar 2019)
Other information	<b>RIO MEMORIES</b> She says the memory of the 2016 Olympic Games in Rio de Janeiro, where she lost the individual epee final to Hungarian fencer Emese Szasz-Kovacs, serves as motivation for her. "Of course, when I think about the final, it's painful, but I know this helps me for the future. I can also think about the semifinal [in Rio] that I won after coming back [from 10-7 down], and smile." (oasport.it, 02 Apr 2019)  <b>OTHER STUDIES</b> In addition to her piano studies at the Vincenzo Bellini Institute of Music, she graduated with a degree in dietetics from the University of Catania in Italy in 2020. "Balancing study and sport has become increasingly difficult. In these two months [speaking in May 2020] I have realised that, without lockdown [due to COVID-19] and the Olympic postponement, I would never have been able to finish my studies. Now I feel a relief and I can devote myself only to fencing." (catania.italiani.it, 02 Jul 2018; gazzetta.it, 01 Mar 2021; sport.sky.it, 25 May 2020)