

General Information

Country:	RUS
Gender:	F
Handedness:	Right-handed
Date of birth:	1990-03-10
License:	10031990003

Further Personal Information

Family	Husband Evgeny Grachev, daughter Diana [2009]
Other names	Inna Deriglazova
Residence	Kurchatov, RUS
Occupation	Armed Forces Athlete
Languages	Russian
Higher education	Law - Southwest State University: Kursk, RUS

Sport Specific Information

When and where did you begin this sport?	She began fencing at age eight. She started training seriously at age 10 in Kurchatov, Russian Federation.
Why this sport?	A fencing coach came to her school and recommended that she take up the sport. "I had a choice - to begin either fencing or rhythmic gymnastics. At that time I had no idea of what foil fencing was. I went there for company with a classmate, and thought to myself, 'I'll go to a couple of training sessions out of curiosity, and then I'll switch to gymnastics'. But it happened that I never got to gymnastics again."
Club / Team	Central Sports Army Club [CSKA]: Russia
Name of coach	Lidia Safiullina [personal], RUS
Handedness	Right

General Interest

Hobbies	Shopping, music, spending time with family and friends. (Athlete, 07 Jun 2019)
Hero / Idol	Italian fencer Valentina Vezzali. (rosenergoatom.info, 30 Jan 2013)
Sporting philosophy / motto	"To perform successfully, you need to train well, believe in yourself, listen to the coach and not doubt your abilities." (ugorizont.ru, 25 Dec 2019)
Awards and honours	<p>In recognition of her achievements at the 2020 Olympic Games in Tokyo, she received the Order of Honour from the president of the Russian Federation. (kremlin.ru, 11 Aug 2021)</p> <p>She was named Female Athlete of the Year at the 2019 Pride of Russia Awards. (gazeta.ru, 12 Dec 2019)</p> <p>In recognition of the gold medal she won at the 2016 Olympic Games in Rio de Janeiro, she received the Order of Friendship and the Medal For Military Prowess [first grade] in the Russian Federation. (function.mil.ru, 26 Aug 2016; kremlin.ru, 25 Aug 2016)</p> <p>In January 2014 she carried the Olympic torch in Kursk as the relay made its way through the Russian Federation ahead of the 2014 Olympic Winter Games in Sochi. (vesti.ru, 16 Jan 2014)</p> <p>In recognition of her performance at the 2012 Olympic Games in London, she was decorated with the Order For Merit to the Fatherland [first class] by the president of the Russian Federation. (kremlin.ru, 13 Aug 2012)</p> <p>In 2012 she received the title of Honoured Master of Sport in the Russian Federation. (minsport.gov.ru, 26 Mar 2012)</p>
Other information	<p>OTHER ACTIVITIES</p> <p>She has served as a member of the International Fencing Federation [FIE] Commission of Athletes. (fie.org, 01 Jun 2020)</p>