

General Information

Country:	CAN
Gender:	M
Handedness:	Right-handed
Date of birth:	1992-06-19
License:	19061992000

Further Personal Information

Family	Wife Andreanne, one daughter [2022]
Residence	Montreal, QC, CAN
Occupation	Athlete, Nutritionist
Languages	English, French
Higher education	Nutrition - University of Montreal: Canada

Sport Specific Information

When and where did you begin this sport?	He began fencing at age 10.
Why this sport?	He was interested in medieval knights and castles growing up, which led to him joining a local fencing club. "There was a fencing club in the sports centre where I took swimming lessons. I started to like fencing and I have not stopped since."
Club / Team	Club d'Esgrime Coeur de Lion du College Regina Assumpta: Montreal, QC, CAN
Name of coach	Julien Camus [national]
Handedness	Right

General Interest

Nicknames	Chino, Max (insidethegames.biz, 03 May 2019; fencing.ca, 06 Jun 2015)
Hobbies	Watching television, cycling. (Instagram profile, 28 Feb 2021; Canadian Athletes Now Fund Facebook page, 29 Jan 2021)
Most influential person in career	Coach Henri Sassine. (escrimequebec.qc.ca, 28 Feb 2018)
Hero / Idol	US boxer Floyd Mayweather. (fencing.ca, 01 Jan 2016)
Injuries	He suffered a herniated disc while competing at the 2017 Grand Prix in Shanghai, People's Republic of China. (sportcom.qc.ca, 20 May 2017) He sprained an index finger in the early part of 2016. (sportcom.qc.ca, 05 Feb 2016)
Sporting philosophy / motto	"With fencing you should have fun. This is most important. Don't let yourself be pushed by your parents, coaches or performance at any cost. The most important thing is to love it, to find pleasure with it. You have to find what you like in fencing and enjoy it." (escrimequebec.qc.ca, 28 Feb 2018)
Other information	<p>FATHERHOOD His daughter was born in 2022, and he says becoming a father has had a positive impact on his fencing career. "I'm in a situation where I do fencing, I have a family life and I also have a job at the same time. I have a 15-month-old daughter [speaking in 2024]. It's definitely the best thing that's ever happened to me, but it adds a challenge. It brings me a balance in my life which is very important. It also allows me to put things into perspective. Before having a child, if a competition went badly, I took it a little more personally. Now, I know that there are more important things in life than winning or losing matches, so it takes away the stress from competition, but it adds stress to trying to reconcile family life and sport. Since my daughter was born, I have done around 10 competitions and I think this is the period where I have been the most consistent in my fencing career. Maybe having things besides fencing allowed me to be more relaxed, but more focused in training." (lapresse.ca, 13 Feb 2024)</p> <p>FURTHER EDUCATION AND OCCUPATION He also studied kinesiology at McGill University in Montreal, QC, Canada, and is a registered kinesiologist and dietician. He has worked as a nutritionist at the Integrated University Health and Social Services Centre [CIUSSS] in Montreal, QC, Canada. (LinkedIn profile, 28 Apr 2024; Canadian Athletes Now Fund Facebook page, 29 Jan 2021; olympic.ca, 07 Aug 2016)</p> <p>HERITAGE He has a Dutch father and a Chinese mother. (medecine.umontreal.ca, 14 Sep 2016)</p>