

General Information

Country:	GBR
Gender:	M
Handedness:	Left-handed
Date of birth:	1991-07-03
License:	03071991000

Further Personal Information

Family	Wife Gwena
Residence	San Francisco, CA, USA
Occupation	Athlete
Languages	English
Higher education	Psychology - Middlesex University: London, ENG

Sport Specific Information

When and where did you begin this sport?	He began fencing at age four.
Why this sport?	"I watched it for about a year at a Saturday club when my mother would pick my brother up for the sport he was doing."
Club / Team	ZFW Fencing Club: London, ENG
Handedness	Left

General Interest

Hobbies	Hiking, watching Formula One, playing the guitar. (britishfencing.com, 19 Jul 2018)
Memorable sporting achievement	Competing at the 2012 Olympic Games in London. (Instagram profile, 28 Oct 2022; sportspielonline.com, 20 Apr 2017)
Hero / Idol	British fencer Richard Kruse. (sport-magazine.co.uk, 01 Aug 2013)
Injuries	He sustained a separated collarbone in the late part of 2016. He required surgery and was unable to compete for three months. (sportspielonline.com, 20 Apr 2017)
Sporting philosophy / motto	"Focus on small gains, nothing will happen overnight." (bbc.co.uk, 05 Aug 2013)
Milestones	He became the first British fencer to win gold in individual foil at the European championships when he claimed victory at the 2014 edition in Strasbourg, France. (SportsDeskOnline, 04 Jun 2019; bbc.co.uk, 04 Jun 2015)
Other information	<p>MOVE TO THE UNITED STATES OF AMERICA In November 2013 he relocated from Great Britain to San Francisco, CA, United States of America. "I initially went over there for a two-month trial to see how the club system worked and I fell in love with it. The [British] federation have been brilliant in supporting my move and getting to spar with the US fencers has really pushed me on, so it's win-win." (Facebook profile, 06 Jan 2023; hamhigh.co.uk, 04 May 2019; bbc.co.uk, 04 Jun 2015)</p> <p>COACHING He has been a guest coach at ZFW Fencing Club in London, England. (zfw-fencing.co.uk, 01 Jan 2020)</p>