

General Information

Country:	UKR
Gender:	F
Handedness:	Right-handed
Date of birth:	1987-02-23
License:	23021987002

Further Personal Information

Family	Daughter Sandra [2022]
Residence	Kyiv, UKR
Occupation	Athlete
Languages	English, Russian, Spanish, Ukrainian
Higher education	Sport Studies - Ternopil Volodymyr Hnatiuk National Pedagogical University: Ukraine

Sport Specific Information

When and where did you begin this sport?	She took up the sport in Ternopil, Ukraine, after moving there from the Russian Federation with her family at the beginning of the 1990s.
Why this sport?	"My older brother was a wrestler and regularly went to competitions. I wished I could go, too."
Club / Team	Central Sports Club of the Armed Forces: Ukraine
Name of coach	Bogdan Nikishin [national], UKR; Dmytro Reizlin [personal], UKR, from 2007
Training Regime	She trains six days a week. "Usually, I have two sessions during the day, physical and cardio, and the evening is actual fencing. On Saturdays, I only do physical training."
Handedness	Right

General Interest

Nicknames	Lena (Facebook profile, 09 Apr 2021)
Hobbies	Travelling, ballet, watching movies, the Spanish language. (noc-ukr.org, 13 Jul 2021)
Most influential person in career	Her parents, and coach Dmytro Reizlin. (Athlete, 14 Mar 2016)
Sporting philosophy / motto	"I see a goal, I overcome obstacles." (noc-ukr.org, 13 Jul 2021)
Awards and honours	In 2019 she received the Order of Princess Olga [second class] in Ukraine. (president.gov.ua, 13 Sep 2019) She received the Order of Princess Olga [third class] in Ukraine in recognition of the bronze medal she won in team epee at the 2013 World University Games in Kazan, Russian Federation. (president.gov.ua, 25 Jul 2013) She has received the title of Honoured Master of Sport in Ukraine. (noc-ukr.org, 13 Jul 2021)
Other information	FURTHER EDUCATION She has studied economics at Ternopil National Economic University in Ukraine. (noc-ukr.org, 13 Jul 2021; Athlete, 28 Jun 2015)