

General Information

Country:	USA
Gender:	F
Height:	165
Weight:	54
Handedness:	Right-handed
Date of birth:	1989-01-15
License:	15011989000

Further Personal Information

Residence	New York, NY, USA
Occupation	Athlete, Student
Languages	English, French

Sport Specific Information

When and where did you begin this sport?	She took up the sport at age nine at the Fencers Club in New York, NY, United States of America.
Why this sport?	As a child she was partly inspired by an adventure movie that featured fencing. "I was an active child and I loved the movie 'The Princess Bride'. My parents called up the Fencers Club and I took a class and it just stuck."
Club / Team	New York Athletic Club: United States
Name of coach	Jimmy Moody [personal], USA
Handedness	Right

General Interest	
Memorable sporting achievement	Competing in team events at major international competitions with US fencers Nzingha Prescod and Lee Kiefer. (teamusa.org, 30 Apr 2019)
Most influential person in career	Coach Irene Gershon. (Instagram profile, 02 Feb 2022)
Injuries	<p>In December 2019 she tore the anterior cruciate ligament [ACL] in her right knee and returned to competition the following month after choosing not to undergo surgery ahead of the 2020 Olympic Games in Tokyo. After the 2020 Games were postponed due to the COVID-19 pandemic, she underwent reconstructive knee surgery in May 2020 and returned to competition in March 2021. (usafencing.org, 27 Apr 2021; athletes.shaklee.com, 01 Jan 2020)</p> <p>She had a health scare before the 2011 World Championships in Catania, Italy, and spent three days in hospital. "I did a little bit of overexertion right before [a national team training] camp. I had some muscle breakdown and it was one of the scariest things." (nbcolympics.com, 13 Jun 2012)</p> <p>She withdrew from the 2008 Atlanta North American Cup due to medical reasons. (gocolumbialions.com, 01 Aug 2010)</p>
Sporting philosophy / motto	"Trust yourself. Usually you're the one who has the answer." (elanalyn.com, 09 Mar 2016)
Ambitions	Outside of sport, she aspires to study for a PhD in clinical psychology. (usafencing.org, 27 Apr 2021)
Other information	<p>COACHING In 2020 she took up a volunteer assistant coaching position at Harvard University in Cambridge, MA, United States of America. "I feel lucky to work with [Harvard coach Daria Schneider], and the amazing students and recruits. I'm really excited about the future of Harvard fencing and being able to be part of it." She worked in a similar role at Cornell University in Ithaca, NY, United States of America from 2016 to 2019, as well as at the US Performance Academy from 2018 to 2020. (gocrimson.com, 01 Jan 2020; usafencing.org, 27 Apr 2021)</p> <p>OTHER ACTIVITIES She has served as an athlete representative on the United States Olympic and Paralympic Committee [USOPC] Mental Health and Wellness Task Force, and as the women's foil rep on the USA Fencing Athlete Advisory Council. From 2014 to 2016 she worked as a programme coordinator for the charitable initiative 'Win4Youth', which raises money for disadvantaged youth around the world through sport. She is also an athlete ambassador for the Women's Sports Foundation. (newschool.edu, 28 Dec 2021; LinkedIn profile, 30 Sep 2016; adeccousa.com, 08 Apr 2015; womenssportsfoundation.org, 21 Jul 2021; fencer.com, 01 Feb 2021)</p> <p>FURTHER EDUCATION In 2013 she completed a bachelor's degree in art history at Columbia University in New York, NY, United States of America. She has also studied for a master's degree in psychology at The New School, a university based in New York, NY, United States of America. (gocrimson.com, 01 Jan 2020; LinkedIn profile, 30 Sep 2016)</p>