

MEPSTEAD MARCUS

General Information		
Country:	GBR	
Gender:	M	
Handedness:	Right-handed	
Date of birth:	1990-05-11	
License:	11051990000	

Further Personal Information		
Occupation	Athlete	
Languages	English	
Higher education	Economics, Geography, Politics - London School of Economics: England	

Sport Specific Information		
When and where did you begin this sport?	He began fencing at age nine at the Hall School in London, England.	
Why this sport?	His mother wanted him to spend more time out of the house, so he took up the sport as an after-school activity. He was walking past his school's sports hall and saw others fencing so he asked his mother if he could try the sport. "Nobody in my family is involved in fencing. I've got two brothers and my mum just chucked us into it. It was reason for us to be out of the house and not messing it up."	
Club / Team	Brooklyn Bridge Fencing Club: New York, NY, USA	
Name of coach	Dan Kellner [club], USA	
Handedness	Right	

General Interest	
Injuries	In July 2019 he sustained a cut on his hand that required stitches. He recovered to win a silver medal at the 2019 World Championships in Budapest, Hungary, in the same month. (bbc.co.uk, 20 Jul 2019)
Ambitions	To compete at the 2024 Olympic Games in Paris. (Instagram profile, 20 Apr 2023)
Other information	MOVE TO THE UNITED STATES After British Fencing lost its funding in 2017, he began a personal training business and moved to New York, NY, United States of America, to work with coach Dan Kellner at the Brooklyn Bridge Fencing Club. "At the end of 2016 we were getting ready for a new season but the performance manager told us our funding was getting cut. I was pretty disheartened. When it was taken away, I knew how hard it was going to be. I decided on America, and I didn't know how I was going to afford it, I didn't want it to be a short-term thing, I really wanted to commit for the next three years." He says he initially struggled financially after the move, before he secured funding following his silver medal at the 2019 World Championships in Budapest, Hungary. "I thought I'd raised enough money but I hadn't. It was just so expensive here and with the competitions. The only thing keeping me afloat was the fencing club. Every time I went into training it was my life jacket. I could dive into learning everything with my new coach and put it into practice, really fall in love again with my sport and create that passion." (teamgb.com, 21 May 2021; bbc.co.uk, 21 May 2021; eurosport.co.uk, 25 May 2021) OTHER ACTIVITIES He is an ambassador for Trees for the Future, a charity that creates forest gardens across the world for communities to grow sustainable food sources. During the COVID-19 pandemic, he also provided resources to help people struggling with mental health. "There was only so much I could do training-wise in my garden, so I put a lot of energy into other stuff, and hopefully these things will stay long after I leave sport." (Instagram profile, 22 Apr 2023; britishfencing.com, 01 Jul 2021; add-victor.com, 22 Jun 2021)